**CNA Practice Test 2 (50 Questions Answers)**

**51. The best food choices for a geriatric patient with no teeth would include**

* a. hamburger, french fries, corn, and ice cream
* b. baked chicken, dressing, green beans, and coconut macaroons
* c. spare ribs, macaroni and cheese, coleslaw, and fruit cocktail
* d. baked fish, whipped potatoes, spinach souffle, and tapioca.

**Answer: \_\_\_**

**52. When checking a tray after a patient has eaten, you should note the total amount of**

* a. food provided
* b. liquid and solids consumed
* c. food lost to spills
* d. caloric intake

**Answer: \_\_\_**

**53. When assisting a patient to use the bedside commode, it is important to**

* a. leave the signal cord within reach
* b. place toilet tissue close by
* c. return to check on the patient periodically
* d. all of the above

**Answer: \_\_\_**

**54. When assisting Mr. Byrd, a blind patient, with his meal, you should**

* a. sit next to him to help
* b. identify each item on his tray
* c. feed him so he won’t spill his food
* d. insist that he use only a spoon

**Answer: \_\_\_**

**55. In order to feed herself, a blind patient would need**

* a. a clear liquid diet
* b. a large spoon as the only utensil
* c. help to identify items on the tray
* d. a mechanical soft diet

**Answer: \_\_\_**

**56. Which of the following lists only items that would be included in fluid intake?**

* a. milk, ham sandwich, ice cream bar
* b. water, mashed potatoes, gelatin
* c. milk, custard, soup
* d. orange juice, soft-boiled egg, toast

**Answer: \_\_\_**

**57. The purpose of cold applications is usually to**

* a. speed the flow of blood to the area
* b. prevent heat exhaustion
* c. prevent or reduce swelling
* d. prevent the formation of scar tissue

**Answer: \_\_\_**

**58. The hot water bottle is an example of a**

* a. local dry heat application
* b. generalized dry heat application
* c. local moist heat application
* d. generalized moist heat application

**Answer: \_\_\_**

**59. Which of the following is true regarding visually challenged residents?**

* a. Blind patients use a clock system to locate food.
* b. Residents usually prefer to eat alone.
* c. Patients prefer to be fed to prevent spills.
* d. All of the above are true.

**Answer: \_\_\_**

**60. Sputum is material that is coughed up from the**

* a. nose
* b. lungs
* c. throat
* d. stomach

**Answer: \_\_\_**

**61. Patients receiving an enema are usually placed**

* a. on the right side
* b. on the left side
* c. flat on the back
* d. in a semi-sitting position

**Answer: \_\_\_**

**62. You should clean a female patient’s perineal area before you collect a**

* a. 24-hour urine specimen
* b. midstream clean-catch urine specimen
* c. pediatric routine urine specimen
* d. routine urine specimen

**Answer: \_\_\_**

**63. The phase when the heart is at rest is called**

* a. systole
* b. diastole
* c. asystole
* d. cardiac arrest

**Answer: \_\_\_**

**64. The most common site for counting the pulse is the**

* a. carotid artery
* b. femoral artery
* c. brachial artery
* d. radial artery

**Answer: \_\_\_**

**65. The nursing assistant must use a stethoscope to determine the**

* a. apical pulse rate
* b. carotid pulse rate
* c. popliteal pulse rat
* d. brachial pulse rate

**Answer: \_\_\_**

**66. When taking an axillary temperature, the nursing assistant should leave the thermometer in place for**

* a. 10 minutes
* b. 8 minutes
* c. 5 minutes
* d. 3 minutes

**Answer: \_\_\_**

**67. When counting respirations, you should**

* a. wait until after the patient has exercised
* b. not tell the patient what you are going to do
* c. count 5 respirations and then check your watch
* d. have the patient count respirations while you take her pulse

**Answer: \_\_\_**

**68. The parts of the body involved in maintaining a sufficient intake of air include the**

* a. mouth and nasopharynx
* b. trachea and larynx
* c. bronchi and alveoli
* d. all of the above

**Answer: \_\_\_**

**69. With catheterized patients, which of the following is NOT the nursing assistant’s responsibility?**

* a. insertion of catheter
* b. prevention of infection
* c. checking to make sure the catheter is draining properly
* d. recording output

**Answer: \_\_\_**

**70. Which statement about a routine urine specimen is correct?**

* a. It must be taken first thing in the morning.
* b. It can be collected any time of the day.
* c. It does not have to be stored in the refrigerator.
* d. It does not have to be noted on the I & O sheet.

**Answer: \_\_\_**

**71. A specimen collected by having the patient cough from the lungs and bronchial tubes is called**

* a. saliva
* b. mucus
* c. sputum
* d. spit

**Answer: \_\_\_**

**72. A sphygmomanometer is an instrument used for measuring**

* a. temperature
* b. pulse
* c. respirations
* d. blood pressure

**Answer: \_\_\_**

**73. When you shake down a thermometer, the mercury should be below**

* a. 95 degrees F
* b. 96.8 degrees F
* c. 98.6 degrees F
* d. the arrow

**Answer: \_\_\_**

**74. When you complete an incident report, you should**

* a. write in the patient’s chart that an incident occurred
* b. keep the report in your personal file
* c. state the facts clearly
* d. give your opinions as to the cause of the incident

**Answer: \_\_\_**

**75. When giving a backrub, what kind of strokes should you use?**

* a. short, crisp stokes
* b. long, deep strokes
* c. long, fluid strokes
* d. none of the above

**Answer: \_\_\_**

**76. All long-term-care nursing assistants must be competency evaluated and must complete a distinct educational course. These requirements are set by**

* a. OBRA
* b. OSHA
* c. CDC
* d. FDA

**Answer: \_\_\_**

**77. You can safely identify your patient by**

* a. asking his name
* b. calling his name and waiting for his response
* c. checking the bed plate
* d. checking the name tag

**Answer: \_\_\_**

**78. OSHA rules specify that, when you wash out soiled linens, you must wear**

* a. gloves
* b. goggles
* c. gloves and goggles
* d. gloves, goggles, and apron

**Answer: \_\_\_**

**79. The vessels that carry oxygenated blood from the heart to the body are called**

* a. veins
* b. arteries
* c. venules
* d. capillaries

**Answer: \_\_\_**

**80. Sexuality changes in aging can result in**

* a. decreased sexual desire
* b. unchanged sexual desire
* c. increased sexual desire
* d. all of the above

**Answer: \_\_\_**

**81. H.S. care is care that is given**

* a. before meals
* b. before bedtime
* c. after meals
* d. upon awakening

**Answer: \_\_\_**

**82. When family members visit a resident, the visitors should**

* a. stay in the day room
* b. stay a short while so as not to tire the resident
* c. be expected to help with care
* d. be allowed privacy with the resident

**Answer: \_\_\_**

**83. Your resident has a right hemiplegia. When up in a chair, the resident’s right arm should be**

* a. placed in her lap
* b. allowed to dangle freely
* c. be elevated on a pillow in her lap
* d. none of the above

**Answer: \_\_\_**

**84. Urinary retention refers to**

* a. normal output of urine
* b. inability to urinate
* c. incontinence
* d. large output of urine

**Answer: \_\_\_**

**85. A prosthesis is**

* a. an artificial substitute for a missing body part
* b. a device for moving patients
* c. an expected condition of the aging process
* d. a disease of the circulatory system

**Answer: \_\_\_**

**86. You may attend resident council meetings if**

* a. you are invited to attend
* b. your superior assigns you to attend
* c. you are interested in what the residents are discussing
* d. none of the above

**Answer: \_\_\_**

**87. The proper medical abbreviation for before meals is**

* a. p.c.
* b. b.i.d.
* c. a.c.
* d. t.i.d.

**Answer: \_\_\_**

**88. The proper medical term for high blood pressure is**

* a. diabetes
* b. hypertension
* c. hypotension
* d. CVA

**Answer: \_\_\_**

**89. Which of the following is considered a resident’s right?**

* a. having curtains pulled during personal care
* b. having personal information kept confidential
* c. receiving and sending private mail
* d. all of the above

**Answer: \_\_\_**

**90. A resident wishes to wash her own underwear. You should**

* a. ignore the request
* b. tell her that clothing must go to the laundry
* c. tell her you will do it
* d. help her obtain supplies

**Answer: \_\_\_**

**91. When performing catheter care, the nursing assistant should wash the catheter**

* a. toward the meatus
* b. with Betadine soap
* c. away from the meatus
* d. with alcohol

**Answer: \_\_\_**

**92. The enzyme secreted by the liver to help digest fats is**

* a. bile
* b. insulin
* c. estrogen
* d. lactose

**Answer: \_\_\_**

**93. The abbreviation TPN stands for**

* a. total protein nutrients
* b. total parenteral nutrition
* c. total parietal nutrients
* d. none of the above

**Answer: \_\_\_**

**94. The material in the digestive tract that helps provide lubrication for passage of food is**

* a. stomach acid
* b. sputum
* c. mucus
* d. phlegm

**Answer: \_\_\_**

**95. Ventricles is a term that refers to**

* a. vessels and chambers in the heart
* b. chambers of the heart and lungs
* c. chambers of the heart and kidneys
* d. chambers of the heart and brain

**Answer: \_\_\_**

**96. OSHA rules require all health care workers to be offered immunization against**

* a. hepatitis B
* b. hepatitis A
* c. hepatitisC
* d. AIDS

**Answer: \_\_\_**

**97. Which abbreviation means no food and no water should be given?**

* a. NFW
* b. PON
* c. NPO
* d. ABR

**Answer: \_\_\_**

**98. The proper medical term for brittle bones is**

* a. osteomalacia
* b. osteoarthritis
* c. osteosarcoma
* d. osteoporosis

**Answer: \_\_\_**

**99. Lack of movement can cause wasting of muscle tissue. This is called**

* a. contracture
* b. atrophy
* c. dystrophy
* d. anomaly

**Answer: \_\_\_**

**100. Normal hearing loss in aging is usually related to the ability to hear**

* a. high-pitched sounds
* b. loud sounds
* c. all sounds
* d. rapid speech

**Answer: \_\_\_**

Answers and Explanation Link

<https://gotestprep.com/cna-practice-test-1/>