**CNA Practice Test 1 (50 Questions Answers)**

**1. Which of the following should you observe and record when admitting a patient?**

* a. color of the stool and amount of urine voided
* b. how much the patient has eaten and drunk
* c. bruises, marks, rashes, or broken skin
* d. requests the patient makes

**Answer: \_\_\_**

**2. When responding to a patient on the intercom, you should**

* a. ask for the patient’s name
* b. say, May I help you?
* c. give your name and position
* d. say, The nurse will answer your call

**Answer: \_\_\_**

**3. Which of the following things should you do to familiarize a new patient with his or her surroundings?**

* a. show the patient where the call bell is and how to work it
* b. tell the patient not to operate the TV
* c. ask visitors to leave the room while you finish admitting the patient
* d. raise the side rails of the bed and raise the bed to high position

**Answer: \_\_\_**

**4. When arranging a patient’s room, you should do all of the following EXCEPT**

* a. check signal cords
* b. fix the back and knee rests as directed
* c. administer medications
* d. check lighting

**Answer: \_\_\_**

**5. When assisting a patient in and out of bed, you should always**

* a. employ body mechanic techniques
* b. get another person to help
* c. pull the patient’s feet out first, and then lift the back up
* d. put shoes on the patient because the patient may slip

**Answer: \_\_\_**

**6. When should you wash your hands?**

* a. when you notice they look or feel dirty
* b. when the head nurse tells you to
* c. at least twice a day
* d. before and after contact with a patient

**Answer: \_\_\_**

**7. Which of the following is the correct procedure for serving a meal to a patient who must be fed?**

* a. serve the tray along with all the other trays, and then come back to feed the patient
* b. bring the tray to the patient last; feed after you have served all the other patients
* c. bring the tray into the room when you are ready to feed the patient
* d. have the kitchen hold the tray for one hour

**Answer: \_\_\_**

**8. A newly admitted patient has dirty fingernails. When giving the patient a bath, you should first**

* a. soak the nails
* b. trim the nails
* c. apply extra lotion
* d. clean the nails with a metal file

**Answer: \_\_\_**

**9. When you move a patient on a stretcher, you should stand at the patient’s**

* a. right side
* b. left side
* c. head
* d. feet

**Answer: \_\_\_**

**10. The most serious problem that wrinkles in the bedclothes can cause is**

* a. restlessness
* b. sleeplessness
* c. decubitus ulcers
* d. bleeding and shock

**Answer: \_\_\_**

**11. When making a bed, you can save steps and time if you**

* a. assemble all needed linen before starting to make the bed
* b. tuck in bottom linen and top linen at the foot of bed before going to the head of bed
* c. use only fitted sheets
* d. ask for help from the head nurse

**Answer: \_\_\_**

**12. One important way to reduce the incidence of decubitus ulcers is to**

* a. keep the patient in bed
* b. force fluids every 2 hours
* c. change position every 2 hours
* d. all of the above

**Answer: \_\_\_**

**13. You are told to put a patient in Fowler’s position. Before changing the position of the patient’s bed, you should**

* a. open the window
* b. explain the procedure to the patient
* c. check with the patient’s family
* d. remake the bed

**Answer: \_\_\_**

**14. You touch the inside of the sink while rinsing soap off your hands. You should**

* a. allow the water to run over your hands for two minutes
* b. dry your hands and turn off the faucet with the paper towel
* c. repeat the wash from the beginning
* d. none of the above

**Answer: \_\_\_**

**15. As a safety measure, when you give mouth care to an unconscious patient, you should position the patient**

* a. on her or his back
* b. in semi-Fowler’s position
* c. with the head turned to the side
* d. in the supine position

**Answer: \_\_\_**

**16. When you obtain a clean-catch urine specimen, you should**

* a. wash the patient’s hands
* b. use clean techniques
* c. use sterile techniques
* d. perform the procedure in the bathroom

**Answer: \_\_\_**

**17. Mr. Roark, a newly admitted conscious patient, has been put to bed. Before leaving him alone, you should**

* a. ask him if he is hungry
* b. inspect his skin
* c. complete the listing of his clothing and valuables
* d. make sure he knows how to use the call light

**Answer: \_\_\_**

**18. When lifting a heavy object, you should bend at the**

* a. waist, keeping your legs straight
* b. waist, rounding your shoulders
* c. knees, keeping your back straight
* d. knees and waist

**Answer: \_\_\_**

**19. Wrinkles in the bedclothes can**

* a. overheat the patient
* b. irritate the patient’s skin
* c. result in torn sheets
* d. restrict the patient’s activity

**Answer: \_\_\_**

**20. When shaving a patient, you should**

* a. wet the patient’s face
* b. apply aftershave lotion when done
* c. give the patient a mirror when done
* d. all of the above

**Answer: \_\_\_**

**21. When cleaning a patient’s dentures at the sink, the reason to either line the emesis basin with a paper towel or to fill the sink with water is to**

* a. prevent contamination of the dentures
* b. hide the dentures from view
* c. guard against breaking the dentures
* d. protect the basin from scratches

**Answer: \_\_\_**

**22. When assisting a patient with eating, one of the first things you should do is**

* a. cut the food into large bite-size pieces
* b. wash your hands and the patient’s hands
* c. butter the patient’s bread
* d. provide the patient with privacy

**Answer: \_\_\_**

**23. A patient has a new cast on his right arm. While caring for him, you should observe for**

* a. pulse above the cast
* b. color and hardness of the cast
* c. warmth and color of fingers
* d. signs of crumbling at the cast end

**Answer: \_\_\_**

**24. Encouraging a patient to take part in activities of daily living (ADLs) such as bathing, combing hair, and feeding is**

* a. done only when time permits
* b. the family’s responsibility
* c. necessary for rehabilitation
* d. a violation of patient rights

**Answer: \_\_\_**

**25. In caring for a confused elderly man, you should remember to**

* a. keep the bedrails up except when you are at the bedside
* b. close the door to the room so that he does not disturb other patients
* c. keep the room dark and quiet at all times to keep the patient from becoming upset
* d. remind him each morning to shower and shave independently

**Answer: \_\_\_**

**26. The water temperature for a tub bath is**

* a. 98° F
* b. 105° F
* c. 115° F
* d. 212° F

**Answer: \_\_\_**

**27. When giving a complete bed bath, you should**

* a. not wash the patient’s genitals because the patient will feel embarrassed
* b. use the same water throughout the bath to save you from extra trips
* c. keep the patient covered as much as possible
* d. position yourself on one side of the bed and stay there

**Answer: \_\_\_**

**28. When assisting Mr. Cohen in learning to use a walker, you should**

* a. stand behind him and use a transfer belt
* b. put padding all the way around the top rim
* c. let him walk by himself so he gains independence
* d. let him practice using the walker on the day he is discharged

**Answer: \_\_\_**

**29. Before assisting a patient into a wheelchair, check to see if the**

* a. patient is adequately covered
* b. floor is slippery
* c. door to the room is closed
* d. wheels of the chair are locked

**Answer: \_\_\_**

**30. While giving an unconscious patient a bath, it is important to**

* a. give passive range of motion to all joints
* b. let the team leader exercise the patient’s joints
* c. call the physical therapist to exercise the patient afterwards
* d. exercise the patient only if the doctor has ordered it

**Answer: \_\_\_**

**31. When reporting your patient’s condition to your team leader, you should report immediately**

* a. rash that appears suddenly
* b. warm, dry, and pink skin
* c. tough skin on the feet
* d. scarred skin

**Answer: \_\_\_**

**32. When shaving a male patient’s face, you should**

* a. apply shaving cream sparingly
* b. use upward strokes when shaving the cheeks
* c. apply Betadine to any nicks
* d. none of the above

**Answer: \_\_\_**

**33. A decubitus ulcer is a**

* a. stomach ulcer
* b. pressure sore
* c. duodenal ulcer
* d. sore on the toe

**Answer: \_\_\_**

**34. You are assigned to assist Mrs. Kelley with her lunch. She is on bed rest. The best position for her, if permitted, would be**

* a. Tredelenberg
* b. hyperextension
* c. dangling at the side of the bed
* d. semi-Fowler’s

**Answer: \_\_\_**

**35. When caring for a patient with a nasogastric tube, you should**

* a. offer the patient water if she starts to gag
* b. take the tape off the nose if it bothers the patient
* c. never unfasten the connecting tubing from the patient’s gown
* d. protect the tube when moving or changing the patient’s position

**Answer: \_\_\_**

**36. To prevent a patient from getting bedsores, you should**

* a. wash urine and feces off with only water
* b. put baby powder on the skin to keep it dry
* c. rub the reddened area once a day
* d. turn the patient every 2 hours

**Answer: \_\_\_**

**37. When moving a wheelchair on or off an elevator, you should stay**

* a. behind the chair, pulling it toward you
* b. behind the chair, pushing it away from you
* c. in front of patient to observe his or her condition
* d. to the side and hold the door open

**Answer: \_\_\_**

**38. What position should a patient be in to receive an enema?**

* a. supine
* b. Fowler’s
* c. prone
* d. left Sim’s

**Answer: \_\_\_**

**39. Nursing orders frequently instruct you to assist patient to cough and deep breathe. This activity helps the patient avoid**

* a. decubitus ulcers
* b. pneumonia
* c. internal bleeding
* d. dyspnea

**Answer: \_\_\_**

**40. A patient who has difficulty chewing or swallowing will need what type of diet?**

* a. clear liquid
* b. low residue
* c. bland
* d. mechanical soft

**Answer: \_\_\_**

**41. How often should you total a patient’s intake and output records?**

* a. once each shift
* b. twice a day
* c. every 4 hours
* d. every 12 hours

**Answer: \_\_\_**

**42. The Foley bag must be kept lower than the patient’s bladder so that**

* a. urine will not leak out, soiling the bed
* b. urine will not return to the bladder, causing infection
* c. the bag will be hidden and the patient will not be embarrassed
* d. the patient will be more comfortable in bed

**Answer: \_\_\_**

**43. When assisting a nurse to irrigate a patient’s bladder, you notice that the nurse has contaminated the sterile field. You should**

* a. tell the doctor right away
* b. tell the charge nurse right away
* c. offer to get the nurse another sterile pack
* d. ignore it because the nurse is doing the procedure

**Answer: \_\_\_**

**44. When distributing drinking water, the nursing assistant should**

* a. use only disposable cups and pitchers
* b. give ice to all patients
* c. follow the policy of the institution
* d. make sure that all pitchers are filled completely

**Answer: \_\_\_**

**45. Mr. Kaplan’s orders include the notation, strain all urine. This means that you should report**

* a. the output in millimeters
* b. the color of the urine
* c. any complaints the patient makes
* d. any particles in the strainer

**Answer: \_\_\_**

**46. Swelling caused by excess fluid in body tissues is called**

* a. fluid intake
* b. diarrhea
* c. perspiration
* d. edema

**Answer: \_\_\_**

**47. Mrs. Black is a diabetic. For her mid-afternoon nourishment, the kitchen has sent a carton of chocolate ice cream. Your first action should be to**

* a. substitute diet cola for ice cream
* b. hold the nourishment and report to the team leader
* c. ask the ward clerk to notify the kitchen of an error
* d. ask Mrs. Black if she likes ice cream

**Answer: \_\_\_**

**48. Your assignment sheet has the following notation: S & A, AC, tid for Mr. Able. This means that you should**

* a. take axillary temperature and systolic blood pressure after care is given two times a day
* b. do a routine sugar and acetone urine test before meals three times a day.
* c. do a routine sugar and acid stool test after Mr. Able’s next three stools
* d. offer snacks and ginger ale three times a day

**Answer: \_\_\_**

**49. Mr. Brook has a broken hip and needs to have an enema. The best type of bedpan to use would be a**

* a. fracture pan
* b. plastic pan
* c. child-sized pan
* d. metal pan

**Answer: \_\_\_**

**50. Before you ambulate a patient who has a Foley catheter, you should**

* a. clamp off the catheter and disconnect it, since the bag would be in the way
* b. leave the catheter dangling between the patient’s legs
* c. carry the bag below the level of the bladder
* d. hide the bag in a pillowcase so the patient will not be embarrassed

**Answer: \_\_\_**

Answers and Explanation Link

<https://gotestprep.com/cna-practice-test-1/>